

**Cen-Clear Child Services, Inc.**  
**School Readiness Plan**

This School Readiness plan was developed with input from staff, parents, and community representatives.

School readiness includes preparing children for lifelong learning and the ability to adapt to changes and successful transitions throughout their education and life experiences. Parents are a critical participant in the development of their child’s goals. This plan summarizes general school readiness goals with the understanding that individual goals are developed with the family for each child.

School readiness goals are developed for five domains: Language and Literacy, Physical Development and Health, Approaches to Learning, Social and Emotional Development, and Cognition and General Knowledge. These goals align with the Head Start Child Development and Early Learning Framework and the Pennsylvania Early Learning Standards as well as Head Start and Early Head Start curricula, screening, and assessment tools. This is a working plan and will be updated as changes occur.

**Early Head Start**  
**Ages 0-3**

**Head Start**  
**Ages 3-5**

**Language and Literacy Development**

*Understanding and using language for communication*  
*Developing reading and writing skills*

Children will demonstrate age appropriate understanding and response to language.

Children will comprehend or understand language.

Children will demonstrate an appreciation for books and respond to and enjoy literacy experiences.

Children will use increasingly complex language/communication to express thoughts, ideas, and observations.

Children will use language to communicate.

Children will show an interest in books and their characteristics.

Children will show an awareness that language can be broken into words, syllables, and smaller pieces of sound.

Parents will read to their children.

Cen-Clear will provide high quality literacy experiences and materials and will provide trainings and resources that support literacy and language development.

**Physical Well-Being and Motor Development**

*Using and controlling their bodies*  
*Making healthy choices about safety and nutrition*

Children will develop control of large muscles for movement, navigation, and balance.

Children will improve their balance and coordination skills to develop control of muscles (large/small) for manipulation, movement, and navigation.

Children will develop control of small muscles for manipulation and exploration.

Children will make healthy and safe choices.

Children will learn and begin to demonstrate healthy and safe habits.

Parents will support their children in making healthy choices and will provide opportunities for active play.

Cen-Clear will provide children with the opportunities to experience indoor and outdoor play in which they can use their bodies to explore the environment while building muscle control, balance, coordination, and strength. Health and safety activities will be integrated into learning experiences.

<p align="center"><b>Early Head Start Ages 0-3</b></p>	<p align="center"><b>Head Start Ages 3-5</b></p>
<p align="center"><b>Approaches to Learning</b> <i>Engaging in social interactions and learning experiences</i></p>	
<p>Children will show an interest in a variety of activities and will learn through experiences.</p>	<p>Children will stay focused, show interest and become engaged in activities.</p>
<p>Parents will provide a variety of learning experiences for their child.</p>	
<p>Cen-Clear will provide parents with ideas, training, and opportunities that support learning.</p>	
<p align="center"><b>Social and Emotional Development</b> <i>Children will develop healthy relationships and the ability to self-regulate</i></p>	
<p>Children will develop secure attachments.</p>	<p>Children will demonstrate a healthy self-concept.</p>
<p>Children will express feelings or thoughts and needs appropriately.</p>	<p>Children will engage in healthy relationships with adults and peers.</p>
	<p>Children will regulate emotions, attention, impulses, and behavior.</p>
<p>Parents will provide a nurturing environment to promote healthy self-concept.</p>	
<p>Cen-Clear will provide sites and activities that promote safe attachments and nurturing relationships. Training and resources will be provided to support mental wellness and self-regulation.</p>	
<p align="center"><b>Cognition and General Knowledge</b> <i>Developing thinking and problem solving skills</i> <i>Exploring the environment and understanding how things work</i></p>	
<p>Children are aware of their environment and surroundings.</p>	<p>Children will observe others, investigate, and utilize their environment to learn.</p>
<p>Children will explore new ways to do things and show understanding of concepts such as colors, size, matching, and weight.</p>	<p>Children will develop foundational math, science, and social studies skills.</p>
<p>Children will demonstrate the ability to learn through personal experiences.</p>	
<p>Parents will support their children as they explore home and community surroundings to develop problem solving skills.</p>	
<p>Cen-Clear will provide activities and opportunities that will challenge children's curiosity and encourage development of social studies, mathematical, and scientific thinking skills.</p>	