



# WHERE TO TURN FOR HELP IN INDIANA COUNTY

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724-349-0500, ext. 3 or TDD: 724-465-3805 or [info32@comcast.net](mailto:info32@comcast.net)

**LARGE PRINT AVAILABLE UPON REQUEST**

[www.humanservices-countyofindiana.org](http://www.humanservices-countyofindiana.org) \*\*all area codes below are 724 unless otherwise noted

**EFFECTIVE  
January  
2013**

## **AGING SERVICES**

- accessAbilities, Inc. - 465-6042
- Alzheimer's Association, Greater PA Chapter - 1-800-272-3900
- Aging Services, Inc. - 349-4500 or 1-800-442-8016
- Behavioral Health Services - 357-7404
- CareNet/A Service of VNA - 724-463-6340
- Meals on Wheels
  - Indiana - 463-7676
  - Homer City - 479-8997

## **ALCOHOL/DRUG ABUSE/PREVENTION EDUCATION**

- Armstrong-Indiana-Clarion Drug & Alcohol Commission, Inc. - 354-2746
- ARC Manor - 548-7607 or 1-800-323-1333
- ARIN Underage Users Group - 463-5300, ext 1211
- Conewago Indiana, Adolescent D&A Inpatient Treatment Program- 724-471-3037 or 1-888-347-3873
- Laurel Mountain Highlands Area Chapter of Narcotics Anonymous - 1-888-251-2426
- Open Door - 465-2605

## **BUDGETING**

- Consumer Credit Counseling Service - 1-888-511-2227

## **CHILDREN, YOUTH SERVICES**

- accessAbilities, Inc. - 465-6042
- Adelphoi Village - 520-1111; Adelphoi Village Academy - 463-1456
- ARIN IU 28 - 463-5300, ext 1211
  - Family Focus Program
  - Parent-Child Home Program
  - Young Parent's Program
- Beacon Day Care - 349-0234
- Big Hearts Little Hands - 463-9622
- Boy Scouts of America/Laurel Highlands Council - 1-814-471-1090
- Catholic Charities - 463-8806
- Care Center of Indiana County - 463-8595
- Child Care Information Services- 349-8830 or 1-800-327-3070
- Community Guidance Center - 465-5576
- Cottage House Day Care - 349-1377
- Evergreen Boys & Girls Club in Indiana County- 910-6042
- Grand Beginnings Children's Center - 463-1819
- Great Expectations Child Care Center - 459-6800
- Family Behavioral Resources - 465-0369
- Highmark Caring Place: A Center for Grieving Children, Adolescents, and their Families - 1-888-224-4673
- Hopeful Hearts/A Service of VNA - Child-focused grief support - 349-3888
- Indiana County Children & Youth Services - 465-3895
- **After hours/Emergency - 911**
  - Childline - 1-800-932-0313
- Indiana County Head Start (3-5 years) - 349-6200 or 1-877-346-3023
  - Early Head Start - (0-3 years)
- Indiana County YMCA - 463-9622
- Indi Kids - 349-1821
- IUP Child Study Center - 357-2445
- Justice Works Youth Care - 672-0878
- Kids Count Family Psychological - 349-6320
- Keys Montessori School - 349-5680
- Learn and Play Getaway - 254-2160

- Lifesteps - Child Check- 1-800-225-2010
- New Story - 463-5390
- NHS Human Services - 354-3223
- Penn State Cooperative Extension - 465-3880
  - 4-H Clubs (children ages 5-18)

## **CLOTHING**

- Birthright - 463-9118
- **Emergency - 1-800-550-4900**
- Catholic Charities - 463-8806
- Chevy Chase Center - 463-0674 or 349-2333
- Christos Clothes Closet - 479-2695
- Clothes of Many Colors Clothing Closet - 479-8290
- Katie's Closet - 465-5597
- Kiwanis Baby Cupboard - 465-2657
- Life-Way Pregnancy Center - 349-5307 or 1-866-549-6636
- My Best Friend's Closet - 639-9454

## **COUNSELING/SUPPORT**

- ARC Manor (drug/alcohol) - 548-7607 or 1-800-323-1333
- Alice Paul House - 349-4444 or 1-800-435-7249
- Armstrong-Indiana Behavioral and Developmental Health Program - 548-3451 or 349-3350
  - Crisis Hotline 1-877-333-2470
- Behavioral Health Services - 357-7404
- Catholic Charities - 463-8806
- Care Center of Indiana County - 463-8595
- Center for Independent Living of South-Central PA - Voice/TTY - 1-814-949-1905 or 1-800-237-9009
- Christian Counseling Service of Indiana County, Inc. - 465-5440
- Community Guidance Center - 465-5576
- Community Psychiatric Centers -850-7200
- Family A.C.T.S., Inc - 763-7600 or 1-800-860-4673
- Family Behavioral Resources - 465-0369
- Highmark Caring Place (for Grieving Children/Families) - 1-888-224-4673
- Hopeful Hearts/A Service of VNA- Child-focused grief support - 349-3888
- Kids Count Family Psychological - 349-6320
- Life-Way Pregnancy Center - 349-5307 or 1-866-549-6636
- New Story - 463-5390
- NHS Human Services - 354-3223
- Open Door - 465-2605
  - Crisis and Suicide Hotline - 1-877-333-2470
  - Alcohol, Tobacco and Other Drug
  - Gambling Addiction
- Peerstar, LLC - 471-2581

## **EDUCATION/ EDUCATIONAL INFORMATION**

- American Red Cross - 465-5678
- ARIN IU 28 - 463-5300
  - ARIN Center of Education, ext. 2307
    - Adult Education Classes/Literacy/Tutoring - (ABE/GED/ESL)
    - Early Intervention Services (ages 3-5), ext 1216
    - School and Community Services, ext 1211
      - Family Focus Program
      - Parent-Child Home Program
      - PPT - Pregnant & Parenting Teen
      - Project LIFE (Learning Is For Everyone)
      - Underage Users Group
    - Special Education Programs & Services, ext 1246
- Catholic Charities Helpline (for emergency needs) 1-866-409-6455
- Care Center of Indiana County - 463-8595
  - Parent Education
- Human Services Information - 349-0500, ext. 3

- Indiana Christian Homeschool Association (ICHA) 397-8502
- Indiana Co. Head Start (3-5 years) - 349-6200 or 1-877-346-3023
  - Early Head Start (0-3 years)
- Indiana Co. Technology Center - 349-6700
  - Adult Education - ext. 131
  - Indiana Cosmetology Academy - ext. 116
  - School of Practical Nursing - ext. 155
- Indi Kids - 349-1821
- IUP Child Study Center - 357-2445
- IUP New Choices Career Development Services 357-4738 or 1-800-830-3248
- Lifesteps - Family Care Mobile Library - 349-1122
- New Story School (for children with autism) - 463-9841
- Office of Vocational Rehabilitation - 1-814-255-6771 or 1-800-762-4223 or TTY: 1-866-862-6891
- Penn State Cooperative Extension - 465-3880; TDD: 465-3805
  - Agriculture/Natural Resources
  - 4-H programs (children 5-18)
  - Consumer Education
- School of Graduate Studies and Research (IUP) - 357-2439
- The Arc - 349-8230
- The Salvation Army Tutoring Program - 465-2530
- Westmoreland County Community College Indiana Center 357-1404 or 1-800-262-2103 ext. 5939

## **EMPLOYMENT TRAINING/ EMPLOYMENT COUNSELING**

- Aging Services, Inc. - 349-4500 or 1-800-442-8016
- Community Living & Learning, Inc.
  - Adult Training Facility (ATF) 349-4590 (Prevocational Training)
- Epilepsy Foundation Western/Central PA - 1-800-361-5885
- Experience Works - (55+) 1-866-976-5939
- Gatehouse Program of Spina Bifida Association of WPA (for persons with disabilities) - 877-310-5433
- ICW Vocational Services, Inc.
  - Workshop - 349-1211
  - Employment Services - 349-4143 (supported employment)
- PA CareerLink®, Indiana County - 471-7220 or TTY: 471-7221
  - Indiana County Career TRACK # above or 1-888-479-9494
  - Indiana County Health Care Careers Consortium - 471-7249
  - Tri-Co WIB (welfare to work programs) #above
- Indiana County Technology Center - 349-6700
  - Adult Education - ext. 131
  - Indiana Cosmetology Academy - ext. 116
  - School of Practical Nursing - ext. 217
- IUP New Choices Career Development Services 357-4738 or 1-800-830-3248
- Office of Vocational Rehabilitation 1-814-255-6771 or 1-800-762-4223 or TTY: 1-866-862-6891
- Pathstone - (55+) 814-938-5300 or 1-800-425-0053
- Vietnam Veterans Leadership Program - 1-814-255-7209

- Westmoreland County Community College  
Indiana Center 357-1404 or  
1-800-262-2103 ext. 5939

### **FOOD**

- Chevy Chase Center - 463-0674 or 349-2333
- Community Kitchen - 397-9498
- ICCAP - 465-2657
- Indiana Co. Assistance Office -  
357-2900 or 1-800-742-0679
- Kiwanis Baby Cupboard - 465-2657
- Meals on Wheels
  - Indiana - 463-7676
  - Homer City - 479-8997
- The Salvation Army - 465-2530
- Women, Infants, and Children Supplemental  
Nutrition Program (WIC)  
- 1-866-942-2778 (for current participants);  
- 1-800-942-9467 for information

### **FUEL**

- ICCAP - 465-2657
- Indiana County Assistance Office - 357-1917

### **HEALTH / MEDICAL CARE/EDUCATIONAL INFORMATION**

- accessAbilities, Inc. - 465-6042
- Adagio Health - 349-2022
  - Gynecological Care/STD Testing men & women
  - WIC (Women, Infants & Children Supplemental  
Nutrition Program) - 1-866-942-2778 or  
1-800-942-9467 for info.
- Alzheimer's Association, Greater PA  
Chapter - 1-800-272-3900
- American Cancer Society - 1-800-227-2345
- American Diabetes Association - 1-888-342-2383 or  
412-824-1181
- American Heart Association - 412-208-3550
- American Lung Association in PA  
- 1-800-LUNG-USA (586-4872) or 933-6180
- American Parkinson's Disease Association  
- 1-412-441-4100
- Anew Home Health Agency - 465-9224
- Arthritis Foundation - 1-800-522-9900
- BAYADA Pediatrics/Home Health Care - 459-0000
- Caring Heart Home Health - 479-3992
- Community Care Management - 814-534-6732 or  
-1-866-429-1583 (HIV/Aids services)
- Community Resources for Independence- 349-0201
- Conemaugh Home Health Agency  
- 1-814-534-7500
- Conemaugh Regional Hospice  
- 1-814-534-6100 or 1-888-553-5503
- Dubois Regional Medical Center Home Health and  
Hospice Programs - 1-814-375-3300
- Empower3 Center for Health 1-800-925-0611
- Epilepsy Foundation Western/Central PA  
1-814-262-7494 or 1-800-361-5885
- Excela Health Home Care and Hospice  
- 689-1800 or 1-800-427-1400
- Family Hospice of Indiana County - 463-8711
- Healthy Lungs PA - 1-800-220-1990 or 772-1750
- Helpmates, Inc. 1-8555-357-4122
- Heritage Home Health Agency- 465-0440
- Home Care Advantage - 465-5863
- Home Nursing Agency - 254-3500 or  
1-800-445-6262
- ICCAP Prescription Assistance Program - 465-2657
- Indiana County Assistance Office  
-357-2900 or 1-800-742-0679
- Indiana Regional Medical Center
  - Birth and Family Programs - 357-7496
  - Case Management Dept. - 357-7074
  - Diabetes Program - 357-7164
  - Institute for Health Living - 357-8088
  - OB GYN Care Center-Gynecological Care-  
357-8198
- IUP Speech, Language & Hearing Clinic - 357-2451
- Kidney Foundation of the Alleghenies  
- 1-800-261-4115
- Leukemia & Lymphoma Society - 1-800-726-2873
- Lupus Foundation of PA - 1-800-800-5776

- March of Dimes Birth Defects Foundation  
- 1-412-391-3193
- Medi Home Health Agency - 1-866-273-6334
- Multiple Sclerosis, National  
- 1-814-696-1017 or 1-800-344-4867
- Muscular Dystrophy Association  
- 412-823-3094
- Myasthenia Gravis Association - 1-412-566-1545
- PA Association for the Blind, Indiana County -  
397-4054
- PA's Children's Health Insurance Program (CHIP)  
1-800-986-5437
- PA Department of Health - 357-2995
- PA Elks Home Service Program 1-814-781-7860
- Primary Health Network/Indiana Dental Center -  
465-6100
- AIDS Coalition of Southwestern PA - 412-363-1022
- Spina Bifida Association of WPA - 1-800-243-5787
- Visiting Nurse Association of Indiana County  
- 463-6340
  - VNA Extended Home Care - - 463-1102

### **HOUSING / SHELTER**

- Alice Paul House Domestic Violence Shelter  
- 349-4444 or 1-800-435-7249
- Family Promise of Indiana County - 464-5220
- Habitat for Humanity - 349-1189
- Housing Authority of Indiana County - 463-4730
- I&A Residential Services, Inc. - 463-7830
- ICCAP - 465-2657
  - HEMAP , Housing Assistance, Housing Counseling,  
Project Light, Weatherization
- ICCAP / Pathway Shelter - 248-9555 or 465-2657
- Indiana County Office of Planning & Development  
(Rehab, Homeownership, and Building Permits)  
- 465-3870
- Lifesteps (supported living) - 349-1122
- Rural Development - 482-4800 x100

### **LEGAL**

- Laurel Legal Services - 349-3440

### **MENTAL HEALTH / DEVELOPMENTAL**

#### **DISABILITIES**

- accessAbilities, Inc. - 465-6042
- The Arc- 349-8230
- Armstrong-Indiana Behavioral and Developmental  
Health Program - 548-3451 or 349-3350
- Behavioral Health Services - 357-7404
- Center for Applied Psychology - 357-6228
- Community Guidance Center - 465-5576
- Community Living & Learning, Inc. - 349-1420
  - Residential and Day Program Services
- Community Psychiatric Centers-850-7200
- Family Behavioral Resources - 465-0369
- I&A Residential Services, Inc. - 463-7830
- ICW Vocational Services, Inc.
  - Workshop - 349-1211
  - Employment Services - 349-4143
- Indiana County Drop-In Center-
  - New Beginnings Center- 465-6510
- Kids Count Family Psychological - 349-6320
- Lifesteps Community Outreach Center - 349-1122
- New Story - 463-5390
- NHS Human Services - 354-3223
- Open Door - Crisis and Suicide Hotline -  
1-877-333-2470

### **MONEY / INCOME**

- Domestic Relations - 465-3940
- Indiana County Assistance Office  
- 357-2900 or 1-800-742-0679
- Indiana County Unemployment Compensation  
Center - Initial Claims-599-1250 or 1-888-313-  
7284; Continued Claims- 599-1004 or 1-888-255-  
4728
- Indiana County Veterans Affairs- 465-3815
- Social Security Administration- 1-877-405-7679  
(local) or 1-800-772-1213 (National);  
www.socialsecurity.gov

### **PREGNANCY**

- Adagio Health - 349-2022
  - Gynecological Care and Prenatal Services

- The Gladney Center for Adoption -  
412-638-6210
- WIC (Women, Infants & Children Supplemental  
Nutrition Program) - 1-866-942-2778 (current  
participants) or 1-800-942-9467 for info
- ARIN - Pregnant & Parenting Teens- 463-5300
- Birthingright - 463-9118
- Emergency Hotline - 1-800-550-4900**
- Catholic Charities - 463-8806
- Emergency Hotline - 1-800-241-7360**
- Highmark - 1-800-543-7105
- Indiana Regional Medical Center
  - OB GYN Care Center -357-8198
  - Birth and Family Programs -357-7496
- Life-Way Pregnancy Center  
- 349-5307 or 1-866-549-6636
- March of Dimes Birth Defects Foundation  
- 1-412-391-3193
- March of Dimes Pregnancy and Newborn Health  
Education Center - [Askus@Marchofdimes.org](mailto:Askus@Marchofdimes.org)

### **PROTECTIVE SERVICES**

- Aging Services, Inc. - 349-6190 or  
**After hours/emergency - 911**
- Alice Paul House - 349-4444 or 1-800-435-7249
- Care Center of Indiana County - 463-8595
- Indiana County Children & Youth Services  
- 465-3895
  - Childline - 1-800-932-0313
  - **After hours/emergency - 911**
- Laurel Legal Services - 349-3440

### **RECREATION / SOCIALIZATION**

- Aging Services, Inc.  
- 349-4500 or 1-800-442-8016
- Big Hearts Little Hands - 463-9622
- Boy Scouts of America/Laurel Highlands Council  
- 1-814-471-1090
- Camp Orenda - 840-7863
- Evergreen Boys & Girls Club in Indiana County  
- 910-6042
- Girl Scouts Western Pennsylvania - 463-3421
- Indiana County YMCA - 463-9622
- New Horizons Retreat Center - 254-1522
- Penn State Cooperative Extension - 465-3880
  - 4-H Clubs (children ages 5-18)
- Special Olympics PA - 1-800-235-9058, ext. 242
- The Salvation Army - 465-2530

### **TRANSPORTATION**

#### **\*\* Reimbursement program**

- Aging Services, Inc. - 349-4500
- Citizens' Ambulance Service  
- 349-5527 or 1-877-349-5529
- Indiana County Department of Human Services
  - Medical Assistance Transportation Program\*\*  
- 463-3235 or 1-888-526-6060, ext. 5
- IndiGO/Indiana Co. Transit Authority  
- 465-2140 or 1-800-442-6928  
- shared ride for persons with disabilities (PWD)
- Indiana County Veterans Affairs - 465-3815
- Med Van - 1-888-633-9995
- Peaks and Valleys Transport, LLC - 349-7433
- Pittsburgh North Aire Ride - 1-800-647-4331
- Stewart Bus Line - 726-5730 or 1-877-325-4732
- Turbo Taxi (Indiana Borough and surrounding  
Townships within 15 miles) -465-8294

### **VETERANS**

- PA CareerLink®, Indiana County - 471-7234
- Indiana County Veterans Affairs - 465-3815
- Vietnam Veterans Leadership Program of WPA  
- 1-814-255-7209

### **VOLUNTEERING**

- CareNet/A Service of VNA - 463-6340
- Pennsylvania Mountain Service  
Corps/AmeriCorps - 1-814-472-7690
- Senior Corps (RSVP)  
- 1-814-938-3302 or 1-800-648-3381
- Office of Service Learning - IUP - 357-3103
- Volunteer Center of Indiana County  
- 463-8200, ext. 11 or icdhsdir@comcast.net